

Caregivers Network at
 ServiceLink Resource Ctr.
 (603) 527-3791, 528-6945
 [Tu. & Thrs. 10-2]
www.caregiversnetwork.org/
 Email:
caregivers@metrocast.net



The Caregiver Advocate is available
 by phone 527-3791 or 528-6945 on
 Tuesdays & Thursdays from 10 AM
 to 2 PM.
 At other times, please call and
 leave a message that we can
 follow-up on. We're always
 available by email at
caregivers@metrocast.net.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Support Group 10AM-11:30AM Call for Location	3	4 The Annual (state-wide) Caregivers Conference will be held here in Laconia	5 Annual Caregivers Dinner @ Hart's Turkey Farm	6	7
8	9	10	11 Veterans Day	12	13 Belknap County Area Committee on Aging-Identity Theft & Fraud-Wesley Woods	14
15	16 Support Group 10AM-11:30AM CHH	17 Advisory Board meeting 1pm	18	19	20	21
22	23	24 Foot Clinic call 524-7689 	25	26 Thanksgiving 	27	28
29	30	<p>During this season of Thanksgiving, as we pause to reflect on the many blessings that have been bestowed on us as individuals, we are especially grateful for the love of our families and friends. One of the most profound ways in which that love is expressed is through the generous support provided by family caregivers to loved ones who are chronically ill, elderly or disabled. Caregivers reflect family and community life at its best.</p> <p>The need for family caregivers is growing. We are blessed to live in a time when medicine and technology have helped us live longer. As a result, persons with</p>				



Happy Birthday to all who are adding yet another year this November

disabilities are living longer and people over 85 are the fastest growing segment of our population. Family caregivers can be found in every city and town in America. It is likely that we all know at least one family caregiver

Family caregivers deserve our lasting gratitude and respect. This month, as we honor the many contributions that family caregivers make to the quality of our national life, let us resolve to work through our community, religious, social, business and other organizations to offer programs and services that will provide caregivers the support and encouragement they need to carry out their vital responsibilities.